



January 2021

	Monday	Tuesday	Wednesday	Thursday	Friday
	1				
AM Snack					
Lunch					HAPPY NEW YEAR!
PM Snack					EARLY ADVANTAGE CLOSED
	4	5	6	7	8
AM Snack	<i>Cereal with Milk & Juice</i>	<i>Boiled Egg & Whole Grain Toast</i>	<i>Waffles & Banana</i>	<i>Life Cereal with Milk & Blueberries</i>	<i>Total Cereal with Sliced Strawberries</i>
Lunch	<i>Whole Wheat Grilled Cheese Sandwich, Tomato Soup with Soda Crackers, Applesauce</i>	<i>Spaghetti w/ Meat Sauce, Green Beans, Mixed Fruit</i>	<i>Turkey & Cheese Sub, Steamed Carrots, Mandarin Oranges</i>	<i>Pancakes & Sausage, Sweet Potatoes, Peaches</i>	<i>Pizza, Chopped Salad, Pears</i>
PM Snack	<i>Cuties and Animal Crackers</i>	<i>Yogurt and BelVita Bar</i>	<i>Red, Orange, & Yellow Pepper Strips with Dip & Crackers</i>	<i>Apple Slices & SunButter</i>	<i>Cheese Stick & Crackers</i>
	11	12	13	14	15
AM Snack	<i>Multigrain English Muffin with SunButter</i>	<i>Cereal with Milk & Juice</i>	<i>Boiled Egg & Whole Wheat Toast</i>	<i>Cereal & Sliced Strawberries</i>	<i>Yogurt & BelVita Bar</i>
Lunch	<i>Chicken Nuggets, Baked Fries, Peas, Mixed Fruit</i>	<i>Tuna Sandwich on Whole Wheat Bread, Carrots, Pineapple</i>	<i>Beef & Vegetable Soup with Soda Crackers, Bread & Butter, Peaches</i>	<i>Homemade Noodle-O's w/Hot Dog Slices, Green Beans, Pears</i>	<i>Hamburger Patty on a Bun with Pickles, Mixed Veggies, Applesauce</i>
PM Snack	<i>Boiled Egg & Crackers</i>	<i>Cucumber Slices & Baby Carrots with Dip & Crackers</i>	<i>Apple Slices & SunButter</i>	<i>Cuties & Animal Crackers</i>	<i>Chex Snack Mix & Banana</i>
	18	19	20	21	22
AM Snack	<i>French Toast Sticks & Banana</i>	<i>Cherrios w/ Milk & Juice</i>	<i>Boiled Egg & Whole Grain Toast</i>	<i>Cereal & Milk & Juice</i>	<i>Super Power Oatmeal with Milk & Juice</i>
Lunch	<i>Hot Dog on a Bun, Baked Beans, Applesauce</i>	<i>Beef Stroganoff w/ Noodles, Peas, Mandarin Oranges</i>	<i>Chicken Patty on a Bun, Pickles, Corn, Pears</i>	<i>Swedish Meatballs, Mashed Potatoes, Green Beans, Mixed Fruit</i>	<i>Chicken & Vegetable Noodle Soup, Soda Crackers, Orange Slices</i>
PM Snack	<i>String Cheese & Crackers</i>	<i>Cottage Cheese & Peaches</i>	<i>Fresh Veggies & Hummus with Pretzels</i>	<i>Turkey & Cheese Slices with Whole Wheat Crackers</i>	<i>Yogurt & BelVita Bar</i>
	25	26	27	28	29
AM Snack	<i>Whole Wheat Toast with SunButter & Boiled Egg</i>	<i>Cereal w/ Milk & Juice</i>	<i>Yogurt & BelVita Bar</i>	<i>Honey Bunches of Oats & Banana</i>	<i>Waffles & Sliced Strawberries</i>
Lunch	<i>Fish Sticks, Baked Sweet Potato Fries, Pears</i>	<i>Tuscan Grilled Cheese Sandwich, Peas, Applesauce</i>	<i>Chicken w/ Noodles, Mixed Veggies, Peaches</i>	<i>Sloppy Joes, Baked Beans, Mixed Fruit</i>	<i>Chicken Salad Sandwich w/ Tomato & Spinach, Orange Slices</i>
PM Snack	<i>Cheddar Cheese Stick & Craisins with Crackers</i>	<i>Cucumber Slices & Baby Carrots with Dip & Crackers</i>	<i>Cuties & Animal Crackers</i>	<i>Apple Slices & SunButter</i>	<i>Boiled Egg & Whole Wheat Crackers</i>

Breakfast and lunch is served with milk and snack is served with water unless otherwise noted. Italics meal items are whole grain.